

# **SLEEPYIZE™**

#### PRODUCT SUMMARY

Help your child settle in and sleep tight by diffusing or massaging this peaceful aroma directly before a nap or bedtime. Carefully blended with a variety of calming, quieting oils, Sleepylze promotes an atmosphere conducive to a calm, restful sleep. Whether diffused or applied topically, Sleepylze is an excellent way to help your child naturally relax at the end of the day.

#### KEY INGREDIENTS

Lavender, Geranium, Roman Chamomile, and Bergamot essential oils

#### EXPERIENCE

Sleepylze combines the naturally calming aromas of select botanicals to create a serene atmosphere that will help your child unwind.

### PRODUCT BACKGROUND

Sometimes little ones just don't want to go to bed, but Young Living's Sleepylze makes the routine of unwinding after a long day of activities much easier. Before bed, diffuse a few drops and allow your child to breathe in the sweetly calming properties of Lavender, Geranium, and Roman Chamomile. The aroma promotes feelings of relaxation and tranquility for restful sleep and less fuss before bed. So after the tuck-ins, hugs, and monsterchecks are through, reach for Sleepylze for a peaceful send-off to dreamland.









BENEFITS & FEATURES

- Creates a peaceful aromatic environment
- Aroma can help children unwind and relax as part of a sleep routine
- Pre-diluted for delicate skin
- Soothing when used topically with massage
- Aroma promotes feelings of relaxation and tranquility for body and mind

# SUGESTED USE

- Diffuse at bedtime for a peaceful, aromatic atmosphere.
- Apply to the soles of the feet or massage a few drops onto the chest to promote a calming environment.

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#### DIRECTIONS

Recommended application is for children ages 2-12.

**Topical:** Apply 2-4 drops directly to desired area. Dilution not required, except for the most sensitive

of skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

#### CAUTIONS

To be applied only by a trusted adult or under adult supervision. Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, of have a medical condition, consult a health care professional prior to use. Keep in a dark, cool place.

#### INGREDIENTS

Caprylic/capric triglyceride, Lavandula angustifolia<sup>†</sup> (Lavender) oil, Pelargonium graveolens<sup>†</sup> (Geranium) flower oil, Anthemis nobilis<sup>†</sup> (Roman chamomile) flower oil, Citrus reticulata<sup>†</sup> (Tangerine) peel oil, Citrus aurantium bergamia<sup>†</sup> (Bergamot) peel oil, Boswellia sacra<sup>†</sup> (Sacred Frankincense<sup>™</sup>) oil, Valeriana officinalis<sup>†</sup> (Valerian) root oil, Ruta graveolens<sup>†</sup> (Rue) oil.

†100% pure, therapeutic-grade essential oil

# FREQUENTLY ASKED QUESTIONS

# Q. Should I dilute Sleepylze prior to topical use?

A. All our KidScents essential oil blends were formulated with children's extra-sensitive skin in mind. Dilution is not necessary, except for only the most sensitive skin.

# Q. Can Sleepylze essential oil blend be ingested?

A. Sleepylze is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow the individual label instructions for Young Living products.

# Q. Can Sleepylze be used by adults as well?

A. Yes! Though diluted for children's sensitive skin, Sleepylze is also effective for moms and dads who may need to unwind before bed!

### COMPLEMENTARY PRODUCTS

KidScents® Toothpaste Item No. 4574



KidScents® Lotion Item No. 3682



KidScents® Bath Gel Item No. 3684



Feather the Owl Diffuser Item No. 27007

